



Bridgnorth Endowed School
Annual Christmas Food Bank Appeal

Please make sure all items have a best before or sell by date of at least 9 months.

Items must not contain any alcohol.

- Tinned meals (meat-based e.g., curry, chilli, stewed steak, Irish stew, minced beef, and vegetarian options)
- Tins of fish
- Tinned tomatoes
- Tinned vegetables
- Soup (tins or packet)
- Baked beans (415g)
- Pasta and cook-in sauces
- Spaghetti (500g) and other types of pasta (500g)
- Rice (ideally boil-in-the-bag)
- Instant mashed potato
- Tinned fruit / rice pudding / sponge puddings
- Tea bags (boxes of 40 or 80)
- Coffee (small or large jars)
- Sugar (500g)
- Long life milk (UHT or powdered)
- Squash (1 litre bottles) or fruit juice (concentrate not fresh please)
- Jars of jam or honey
- Box of cereal (or selection boxes)
- Biscuits / snack bars
- Toiletries: soap, handwash, shampoo, deodorant, toothpaste and toothbrushes, razors, toilet rolls
- Cleaning items: washing up liquid, washing powder/laundry liquid
- Baby items: baby food, baby wipes, nappies