

BTEC Tech Award in Health and Social Care Year 10	
Half term 1	Students will study component one and component two in year 10. Component 1 - Students will begin studying development through the life stages, physical, intellectual, emotional and social. They will begin with infancy. Component 2 - students will learn about dementia as an introductory topic and then look at the services available in the health and social care sector in England and the different professions involved, also different types of care available for different groups of people.
Half term 2	Component 1 – students will learn about the development of children between the ages of 3-8 years such as fine and gross motor skills and emotional development and also the development of adolescents, examining issues such as peer relationships and self-concept. Component 2 – students will learn about the possible barriers which people may face when trying to access health and social care services and how to overcome them.
Half term 3	Component 1 - students will discover how adults mature and age and consider physical ageing as well as other factors associated with the ageing process such as cognitive function and bereavement. Component 2 – students will explore care values and what good quality care looks like, e.g. respect, dignity, confidentiality, independence etc.
Half term 4	Component 1 - students will learn about factors affecting health and development such as lifestyle, income, housing, pollution, relationships. Also life events such as marriage, divorce, birth of a sibling, illness and accident. Component 2 – students will continue to examine the care values.
Half term 5	Component 1 – in this section of the course students will look at how we adapt to change and the services available to help us - types of support. Component 2 – finally we will look at applying the care values and the 6 C's which are currently observed by all health and social care professionals in order to provide and maintain good quality care and how professionals work together, how mistakes are dealt with and how to review and improve our own performance.
Homework expectations	Homework will consist of research tasks and further activities which are closely linked to what we are studying at the time, which will give greater depth and understanding to each topic. Students are expected to complete homework independently and hand it in on time.
By the time you finish key stage 4 you'll be...	By the end of year 10 you will have a good understanding of how we grow and develop and what has an impact upon this, such as illness, disease, emotional health and our lifestyle. You will also know how we age and what type of help and support is available to us as we move through our lives.

BTEC Tech Award Health and Social care Year 11	
Half term 1	<p>Students will complete outstanding coursework from components 1 and 2.</p> <p>Begin component 3 - Learners will explore how factors can affect an individual's health and wellbeing positively or negatively. This links to, and extends, knowledge and understanding of life events covered in Component 1, but here the focus is on health and wellbeing.</p> <ul style="list-style-type: none"> •Definition of health and wellbeing: a combination of physical health and social and emotional wellbeing, and not just the absence of disease or illness. •Physical and lifestyle factors that can have positive or negative effects on health and wellbeing: genetic inheritance, including inherited conditions and predisposition to other conditions, ill health (acute and chronic), diet (balance, quality and amount) amount of exercise, substance use, including alcohol, nicotine, illegal drugs and misuse of prescribed drugs, personal hygiene.
Half term 2	<p>Social, emotional and cultural factors that can have positive or negative effects on health and wellbeing: social interactions, e.g. supportive/unsupportive relationships, social integration/isolation, stress, e.g. work-related, willingness to seek help or access services, e.g. influenced by culture, gender, education.</p> <p>Economic factors that can have positive or negative effects on health and wellbeing: financial resources.</p>
Half term 3	<p>Potential obstacles: emotional/psychological – lack of motivation, low self-esteem, acceptance of current state , time constraints – work and family commitments, availability of resources – financial, physical, e.g. equipment, unachievable targets – unachievable for the individual or unrealistic timescale, lack of support, e.g. from family and friends, other factors specific to individual – ability/disability, addiction, barriers to accessing identified services.</p>
Half term 4	<p>Continue with topics outstanding and prepare for the component 3 summer exam. Revision of topics from year 10 and year 11 and practice exam papers.</p>
Half term 5	<p>Revision.</p>
Homework expectations	<p>Homework will consist of research tasks and further activities which are closely linked to what we are studying at the time, which will give greater depth and understanding to each topic. Students are expected to complete homework independently and hand it in on time.</p>
By the time you finish key stage 4 you'll be...	<p>By the end of year 11 and after completing the qualification, you will have a good understanding of how people grow and develop, the services available to them, how they can access support through different organisations. You will understand about the factors that affect our health and how plans can be put in place to support individuals to lead healthier lives.</p>