

# School Nursing

The School Nursing Team provide health and wellbeing information, advice, support and guidance to children and young people, teachers, families, carers and the wider community across Shropshire. We are part of the 0-19 Public Health Nursing Service which contains Specialist Nurses (School Nurses and Health Visitors), Registered Nurses, Healthy Child Practitioners and Support Workers.

Every Local Authority funded school in Shropshire has a named School Nurse. We offer a broad range of services, workshops and events enabling schools to contribute to PSHE outcomes, as well as targeted one to one support for children and their families.

Young people in secondary school can see a school nurse in school for confidential discussions about any concerns they have around their health, we would not usually contact parents or carers to share this information unless we have consent from the young person or we feel that the young person is at risk of harm.



**Here are some examples of the topics we can support with:**

**Oral/dental hygiene**  
**Toileting and constipation**  
**Diet and restricted eating**

**Sleep**  
**Transition and change**

**Development**  
**Relationships and Sexual health**  
**Puberty** (including management of periods)

**Behaviour**  
**Risk taking behaviours**  
(including vaping)



**Anything else you might be concerned about!**

Parents and carers can also call or text us for confidential advice and support around any health or development concerns or worries they may have about their child, we will not share this information with your child's school without your or your child's consent.

You can get further information, ask questions or simply contact your School Nurse for a chat by calling our

**Single Point of Access (SPOA) on**

**0333 358 3654**

**OR texting: 07507 330 346.**