

Personal Development Curriculum

Five Year Course Plan



WEEK ▶	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
YEAR 7	Unit 1: Emotional Wellbeing (Managing Change & Transition)												Unit 3: Families & Changing Relationships										Unit 5: Influences on Relationships																
	Unit 2: Friendship & Bullying												Unit 4: Puberty & Keeping Safe										Unit 6: Financial Decisions																
YEAR 8	Unit 1: Health & Wellbeing												Unit 3: Belonging & Community										Unit 5: Managing Money																
	Unit 2: Personal Safety & Managing Risk												Unit 4: The Online World										Unit 6: Intimate Sexual Relationships																
YEAR 9	Unit 1: Mental Health & Wellbeing												Unit 3: Drug Education										Unit 5: Intimate Sexual Relationships																
	Unit 2: Careers & Future Choices												Unit 4: Managing Risk in Relation to the Law										Unit 6: Navigating Online Harm																
YEAR 10	Unit 1: Independence, Health Choices & Wellbeing												Unit 3: Friendship, Diversity & Challenging Extremism										Unit 5: Exploring Consent & Recognising Abuse																
	Unit 2: Navigating the Online World												Unit 4: Managing Influence										Unit 6: Study, Work & Careers																
YEAR 11	Unit 1: Lifelong Wellbeing												Unit 3: Safe Relationships & Sexual Health						Unit 5: Managing & Maintaining Health										Year 11 Tutor to Support										
	Unit 2: Drugs & Personal Safety												Unit 4: Families, Fertility & Pregnancy						Revision																				
WEEK ▶	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39