

Personal Development Curriculum

Five Year Course Plan



WEEK ▶	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39			
YEAR 7	Transition and Safety							Developing Skills and Aspirations							Diversity							Health and Puberty							Financial Decision Making							Building Relationships						
YEAR 8	Emotional Wellbeing							Drugs and Alcohol							Community and Careers							Identity and Relationships							Discrimination							Digital Literacy						
YEAR 9	Peer Influence, Substance Use & Gangs							Respectful Relationships							Setting Goals							Intimate Relationships							Healthy Lifestyle							Employability Skills						
YEAR 10	Financial Decision Making							Healthy Relationships							Mental Health							Careers							Addressing Extremism & Radicalisation							Exploring Influence						
YEAR 11	Building for the Future							Independence							Communication in Relationships							Families							Revision							Exam Period						
WEEK ▶	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39			