

# PE Curriculum

## Five Year Course Plan



WEEK ▶	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
<b>YEAR 7</b>	U1: Invasion Games - Football G1 U3: Invasion Games - Netball G2 U5: Net/Wall Games - Badminton G3			U5: Net/Wall Games - Badminton G1 U1: Invasion Games - Football G2 U3: Invasion Games - Netball G3			U3: Invasion Games - Netball G1 U5: Net/Wall Games - Badminton G2 U1: Invasion Games - Football G3			U6: Swimming G1 U9: Dance G2 U4: Invasion Games - Hockey G3			U4: Invasion Games - Hockey G1 U6: Swimming G2 U9: Dance G3			U9: Dance G1 U4: Invasion Games - Hockey G2 U6: Swimming G3			U8: Net/Wall Games - Tennis G1 U10: Athletics G2 U7: Striking & Fielding G3			U10: Athletics G1 U7: Striking & Fielding G2 U8: Net/Wall Games - Tennis G3			U7: Striking & Fielding G1 U8: Net/Wall Games - Tennis G2 U10: Athletics G3														
<b>YEAR 8</b>	U1: Invasion Games - Football G1 U3: Invasion Games - Netball G2			U5: Net/Wall Games - Badminton G1 U1: Invasion Games - Football G2			U3: Invasion Games - Netball G1 U5: Net/Wall Games - Badminton G2			U6: Swimming G1 U9: Dance G2			U4: Invasion Games - Hockey G1 U6: Swimming G2			U9: Dance G1 U4: Invasion Games - Hockey G2			U8: Net/Wall Games - Tennis G1 U7: Striking & Fielding G2			U10: Athletics G1 U8: Net/Wall Games - Tennis G2			U7: Striking & Fielding G1 U10: Athletics G2														
<b>YEAR 9</b>	U1: Invasion Games - Football G1 U3: Invasion Games - Netball G2			U5: Net/Wall Games - Badminton G1 U1: Invasion Games - Football G2			U3: Invasion Games - Netball G1 U5: Net/Wall Games - Badminton G2			U6: Swimming G1 U9: Dance G2			U4: Invasion Games - Hockey G1 U6: Swimming G2			U9: Dance G1 U4: Invasion Games - Hockey G2			U8: Net/Wall Games - Tennis G1 U7: Striking & Fielding G2			U10: Athletics G1 U8: Net/Wall Games - Tennis G2			U7: Striking & Fielding G1 U10: Athletics G2														
<b>YEAR 10</b>	U1: Invasion Games - Football G1 U3: Net/Wall Games - Badminton G2 U4: Invasion Games - Hockey G3			U4: Invasion Games - Hockey G1 U1: Invasion Games - Football G2 U3: Net/Wall Games - Badminton G3			U3: Net/Wall Games - Badminton G1 U4: Invasion Games - Hockey G2 U1: Invasion Games - Football G3			U1: Net/Wall Games - Tennis G1 U5: Striking & Fielding G2 U4: Swimming G3			U4: Swimming G1 U1: Net/Wall Games - Tennis G2 U5: Striking & Fielding G3			U5: Striking & Fielding G1 U4: Swimming G2 U1: Net/Wall Games - Tennis G3																							
<b>YEAR 11</b>	U1: Invasion Games - Football G1 U3: Net/Wall Games - Badminton G2 U4: Invasion Games - Hockey G3			U4: Invasion Games - Hockey G1 U1: Invasion Games - Football G2 U3: Net/Wall Games - Badminton G3			U3: Net/Wall Games - Badminton G1 U4: Invasion Games - Hockey G2 U1: Invasion Games - Football G3			U6: Net/Wall Games - Tennis G1 U5: Striking & Fielding G2 U4: Swimming G3			U4: Swimming G1 U6: Net/Wall Games - Tennis G2 U5: Striking & Fielding G3			Exam Period																							

KEY: G = Group U = Unit